President's Letter: Ready To Go!

As you read this, our swimming and diving teams are preparing for what looks to be another stellar year. I spoke with both Susan and Rob and they feel like our Men’s and Women’s team are a world class group of student-athletes. It should be an exciting year and we really hope we get to see you at a meet or Friends’ event (take a peek at our upcoming schedule).

Please take a minute to read through this newsletter to learn more about this year’s team and our new diving coach. Also, please notice your name on our donor roll and learn more about where your generous donations were put to use last year. Last but certainly not least, this year our goal is to be more organized than ever with our fundraising efforts. We already know the date of TAGD (take note: November 29th) and encourage you to not only mark your calendars to give on that day, but to ping your fellow former teammates to give as well. A little goes a long way to keep our program great.

We cannot do what we do without your help — thank you!

Go Tigers,
Susan Moody

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Sarah Martha Murdock Bolster was a member of the Tiger family.

Sarah Martha Murdock Bolster, known as Tink for most of her life, died on May 19, 2016, at her home in Princeton, surrounded by her large and caring family. Tink lived a full, active, vigorous life.

She was born in Washington, D.C., on May 17, 1928, to the late John Edgar Murdock and Sarah Lynch Murdock, who were both from Greensburg, PA.

She was educated in Washington, D.C., at the Convent of the Sacred Heart from grades 1 through 8 and at Georgetown Visitation Convent for her four high school years, where she graduated first in class.

In 1950, Tink graduated from Smith College, where she was awarded an All-Smith blazer, the college’s highest athletic honor, for making three All-Smith teams during her undergraduate years, including the All-Smith crew team in both her junior and senior years. Tink also studied “The Arts in Britain Today” at the University of London the summer after she graduated from Smith.

After returning from London, she worked in the outpatient department of Children’s Hospital in Washington, D.C. For several years, Tink taught fourth grade at the Potomac School in McLean, VA and at Miss Fine’s School in Princeton as well tutoring elementary students in her home.

Tink married Joseph L. Bolster, Jr., on July 12, 1952, in Washington, D.C. They settled in Princeton, New Jersey, and became the parents of six daughters and eight sons – their pride and joy.

An interested and energetic volunteer, Tink served on the Princeton Recreation Board as well as the Steering Committee for the Renovation of Community Park Pool. She also served on YWCA and YMCA committees, the PTAs/PTOs of Princeton Regional Schools, and was involved in many fund-raising activities for Smith College and the Nassau Swim Club.

In 1972, Tink founded Princeton Area Masters, a year-round, competitive and fitness swim program for adults. She directed this program from 1972 to 2008.

Tink enjoyed athletics all her life, participating in figure skating, field hockey, basketball, tennis, and soccer in high school and college. She rode and showed horses, usually riding her pony “Cherry”, during most of her young life, and took up crew and equestrian events in college. As a 12- and 13-year-old, she twice won the 13 and under Bay Head Yacht Club Sailing Championships in the 12-foot class of sailboat, skippering her own little boat “Scud”.

Later in life, Tink won numerous medals in Masters swim competitions.
Drew Livingston, a two-time NCAA champion and the 2012 NCAA Championships Diver of the Year, has been named the new head coach of Princeton Diving, it was announced this past summer by Mollie Marcoux Samaan, the Ford Family Princeton Director of Athletics.

Livingston, who coached at both Texas and LSU over the last three years, won the 2009 and 2012 NCAA championships on the 1-meter board, and he was a 10-time All-America during his undergraduate career at Texas, where he helped the Longhorns win the 2010 NCAA team championship.

“As you’ll see from his résumé, Drew is a world class diver who has trained with the very best in the business,” Marcoux said. “He has a great passion for the sport and an equal passion for coaching. He is committed to building on our long tradition of success.”

Livingston’s coaching career began at his alma mater, where he worked daily with head coach Matt Scoggin in the practice planning and development of both collegiate and post-graduate divers. That 2013-14 season concluded with Texas freshman Michael Hixon earning the NCAA Championships Diver of the Meet honor — the same that Livingston won two years earlier.

Livingston spent the last two seasons as the graduate assistant coach at LSU, where he assisted in all phases of coaching, ranging from recruiting to practice sessions. In his two years, LSU divers broke three out of the six school records and scored the most team points in the 2015 SEC Championships.

“I’m excited and genuinely grateful for the opportunity to join the Princeton Swimming and Diving family,” Livingston said. “Princeton is a special institution with a rich history of academic and athletic success. I’m looking forward to working with some of the finest student-athletes in the world and helping them reach their goals in and out of the pool.

“After meeting with Mollie Marcoux, Rob Orr, and Susan Teeter, it was clear that our visions for the program were aligned and we meshed right from the start,” Livingston added.

Livingston, whose sister Jessica was also an NCAA diving champion (platform, 2007), was an All-America honoree each year of his collegiate career. The 2011-12 team captain at Texas, he capped his Longhorn career by winning the 1-meter board with 448.10 points, taking second on the 3-meter board with 454.25 points, and placing fourth on the platform with 427.05 points.

The four-time Big 12 Most Outstanding Diver, Livingston set the NCAA and Big 12 record on the platform.

“We are very excited to have Drew join our Swimming & Diving family to continue the great tradition Princeton Diving,” women’s head coach Susan Teeter said. “He’s an impressive coach with a lot of energy and I have no doubt our divers will continue to thrive under his coaching.”

Besides his proficiency on the diving boards, Livingston excelled in the classroom as well. He was a first-team Academic All-Big 12 honoree at Texas, as well as a NISCA All-American in high school, when he was named the 2008 National High School Diver of the Year.

“We are looking forward to having Drew join our PUCSDT family,” men’s assistant Michael Joyce said. “Drew knows this sport as well as anyone, and his experience and accomplishments as a diver go unmatched. Drew will bring knowledge as both an individual and NCAA team champion with him to Princeton and we’re excited to see how he can continue to help our team compete for Ivy championships while also rising in the national polls. We’re excited for the future.”

Livingston replaces Greg Gunn, who announced his resignation after a successful 30-year stint with the Tiger diving teams. Gunn coached 30 individual Ivy League champions and nine All-America honorees throughout his Princeton career, and he helped the Tigers win 36 Ivy League swimming and diving team championships (19 men, 17 women) during his tenure.

Message From Drew Livingston

Dear PUCSDT Family,

My name is Drew Livingston, the new head Diving Coach for Princeton Swimming and Diving. I look forward to building upon the successes of Greg Gunn, Paul Stelck, Bob Clotworthy and other previous diving coaches here at Princeton. In doing so, I am excited to bring a competitive edge to the diving program which will help this swimming and diving TEAM continue to compete at the highest level.

I would like to express my gratitude toward Rob Orr, Susan Teeter, Mollie Marcoux Samaan, and the rest of the search committee for believing in me to carry on the proud tradition of PUCSDT. I am humbled and honored to represent this wonderful institution and elite program. As we move toward a new season, I look forward to meeting many of you and becoming a member of this family.

Go Tigers,

Drew Livingston
Head Diving Coach
Princeton University
Remembering ‘Tink’ continued from page 1

Tink always knew that the “greatest gift I ever received was the privilege of being the mother of our 14 interesting, accomplished, and more; 20 grandchildren; and her sister Elizabeth Murdock Matsch of Longmont, CO as well as four nieces and two nephews.

Predeceased by her brother J.E. Murdock, Jr., Tink is survived by her devoted husband, her eight sons, Joseph Leo III, James Brennan, Andrew Machesney, Michael McKenna, Thomas Lynch, Charles McKenna, John Edgar Murdock, and Richard Clay; her six daughters Sarah Carroll, Jane Elizabeth, Mary Kathryn, Martha Murdock, Elizabeth Murdock, and Margaret Machesney; seven daughters-in-law, Hillary Kun, Sharon Kelly-Bolster, Heidi Paul, Susannah Ryan, Misuk Choe, Margaret Dawson, and Linda Monastra; five sons-in-law Robert Houghton, Stephen Wertimer, Kevin O’Flaherty, Thomas Arnold, and Thomas Hokinson McKinley; one “significant other” Richard Feni-more; 20 grandchildren; and her sister Elizabeth Murdock Matsch of Longmont, CO as well as four nieces and two nephews.

Tink always knew that the “greatest gift I ever received was the privilege of being the mother of our 14 interesting, accomplished, and fun children. Deo Gratias.”

Collegians Find The Cure Raises Over $5,300 In Battle vs. Breast Cancer

The ninth annual Collegians Find The Cure 5K was another terrific success in the ongoing fight against breast cancer. The Princeton women’s swimming and diving team, which has championed this cause for nearly a full decade, raised $5,395.01 during the final Saturday of September.

Though the event was held Sept. 24, a significant amount of the work took place in the weeks leading up to the event. From videos the team put together to the outreach with other student-athletes at both Princeton and other nearby universities, PUCSDT was able to draw a terrific crowd to its annual 5K.

Congratulations to all involved in another successful fundraiser!
Captain’s Q&A: Julian Mackrel ’17

How did you get into swimming, and what was your best memory of swimming prior to college?

Since I was 2 years old I’ve had an (often inconvenient) attraction toward any body of water, so my parents decided I should probably learn to swim before I drowned. I’ve been lucky to have so many great memories in the pool, but the highlight of my swimming career pre-college would be when my team qualified its first relay for NCSA Junior Nationals my senior year.

How much did PUCSDT impact your Princeton decision, and what were the other major factors?

PUCSDT had a huge impact. When you’re spending most of your 4 college years with the same group of guys, you want them to be the right people for you. Obviously the academics at Princeton are unparalleled, but as a high school senior you have no idea what that really means. I just knew that this was a team I wanted to be a part of, and Princeton a place I could thrive, learn, and challenge myself.

Your freshman year ended with Princeton’s first Ivy championships loss in a 6-year span. What stood out to you about or after that weekend that has been your biggest motivation?

After Princeton’s 5-year streak, the team didn’t know what it felt like to lose. When you always win you become complacent and lack the hunger to overcome anything to win that meet. After losing up in Cambridge, we’ve been more motivated and hungry, never forgetting that awful feeling, and it’s shown over the last two years.

What was the range of emotions like during that crazy final session at Ivies last year, and was there one intangible about your team that carried you most during that comeback (besides swimming fast)?

The best thing about PUCSDT is that you learn to swim for something greater than yourself. Going into finals Saturday night we knew what we had to overcome. We also knew we had 25 teammates in the stands and hundreds of alumni around the country counting on us. Most importantly, we wanted to win that title for our fearless leader, C. Rob Orr. Using those motivations, we did everything we could, and ended up pulling it off.

How special was the trip to NCAAs and earning All-America honors, and is it even better to do it in a relay?

NCAAs is the ultimate goal for any college swimmer, so it was incredible to be a part of that team. Again, it’s much easier to swim fast when you have a team to support you, so having a relay there was much more fun that just a few individual events.

How meaningful was it to be named a captain this season, and how do you view your own style of leadership?

It’s extremely meaningful and an incredible honor, and one that I continued on page 6

Tailgate Coming Alumni Weekend + Trials Photos!

With both HYP & Ivies at away locations this year for the men and women’s teams, we wanted to host an event at Princeton for the Friends Group this fall so we could all get together and get excited for another successful season. With that, we are excited to have a Friends of PUCSDT tailgate during Homecoming this year at DeNunzio Pool on Saturday, October 22nd from 11 am - 1 pm. Prior to this event, we will be hosting our 2nd Annual PUCSDT Career Panel. This career panel brings together current PUCSDT students with 15+ PUCSDT alumni from various fields such as finance, consulting, medicine, education, law, real estate, and startups. Last year, we hosted the PUCSDT Alumni Career Panel and had phenomenal reviews from the students as well as coaches and are incredibly excited to do this again this year.

Also, please enjoy these photos from our wonderful Olympic Trials parties from this past summer.
A Special PUCSDT Thank You To All Of Our Donors!

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TAGD IS COMING

As Susan Moody mentioned in her President’s Letter on Page 1, the third annual Tiger Athletics Give Day (TAGD) will return Nov. 29, and we hope you will continue to be as generous as you have been over the last two years. Your donations have helped us fund new trampolines, TVs, and video replay in the diving well — among many other components that help make us the top program in the Ivy League.

Speaking of important dates, here are the schedules for our men’s and women’s teams for this upcoming season.

**Men’s Schedule**

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<td>BIG AL OPEN</td>
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<tr>
<td>Nov. 12</td>
<td>BIG AL OPEN</td>
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<tr>
<td>Nov. 18</td>
<td>at Cornell w/ Penn</td>
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<td>Nov. 19</td>
<td>at Cornell w/ Penn</td>
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<td>Dec. 2-4</td>
<td>at Brown Invitational...11 am</td>
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<td>Dec. 9</td>
<td>at Columbia</td>
<td>3 pm</td>
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<tr>
<td>Jan. 7</td>
<td>NAVY</td>
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<td>Feb. 4</td>
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<td>Feb. 5</td>
<td>at Yale w/ Harvard</td>
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<td>Feb. 22-25</td>
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<td>Mar. 6-8</td>
<td>at Zone Diving Champs (VT)</td>
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<td>Mar. 16-18</td>
<td>at NCAA Championships (Ind)</td>
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**Women’s Schedule**

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**Mackrel Q&A**

You have three highly touted freshmen among your deep corps of divers. Has anything stood out about them to you?

They are highly touted, and deserve to be so. I have seen them dive during captain’s practices and am already impressed by the level of skill and discipline displayed with every dive they complete. On top of this, the attitude on the pool deck has already been full of positivity and high effort, so I can’t wait to see how much these three continue to progress this year.

What is your major, and what are your biggest academic challenges/goals this year?

I am studying trade and finance within the Woodrow Wilson School. This is the year when I get to take in-depth classes tailored to my academic track, which also means more difficult classes. My goal is to learn and absorb everything I can in these classes, and then apply it to the independent work I am conducting this and next year to improve economic efficiencies in a way that positively impacts the world around me.

How excited are you to get on your training trip and then get the 2016-17 going?

I have never been more excited. Our team has a ton of potential for the 2016-2017 season that is already being tapped into. The hard work and hours spent on training trip will act as an extra boost to get us fully prepared for the barrage of meets that follow. I cannot wait to see the athletic level at which we will be going into competition this winter.

**McHugh Q&A**

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Are there similarities to you between music and swimming, or ways you integrate the two?

Music and swimming both have the same “practice-to-improve” mentality, and are mesmerizing in similar ways. To me, both are about passion, and if I’ve learned anything at this school it is you’ll be happiest and produce your best work if you follow your passions.

**Mackrel Q&A continued from page 4**

hope to live up to. I’m not really sure I can explain my “style”, I just try to lead by example and keep everyone’s best interests in mind.

What do you specialize in as a music major, and where do you hope to go with your degree after Princeton?

I’m focusing more on composition and music production, and honestly have no idea where I’ll be going after school. Should I follow the music route, I’ll try my hand at music production (in LA, most likely). Otherwise, I’m very interested in sales, especially within tech.

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